



CARY CYCLOCROSS RACE

Presented by: NORTH CAROLINA CYCLO-CROSS SERIES www.nccyclocross.com

CYCLING SPOKEN HERE www.cyclingspokenhere.com

Online registration: www.sportsbaseonline.com

October 24, 2009 - Bond Park, Cary, NC

Held under United State Cycling Federation permit # 2009-2705

Category	Fee Online	Fee Race Day	Distance	Places	Prizes	Time
Men 35+	\$20.00	\$30.00	45 min	3	merchandise	10:00
Men 45+	\$20.00	\$30.00	45 min	3	merchandise	10:00
Men 55+	\$20.00	\$30.00	45 min	3	merchandise	10:00
Men CX3	\$20.00	\$30.00	45 min	3	merchandise	11:15
Women Pro/CX1,2,3	\$20.00	\$30.00	45 min	7	\$275	11:15
Youth Under 10	FREE	FREE	2 Laps	3	ribbons	12:00
Women CX4	\$20.00	\$30.00	30 min	3	medals	12:30
Juniors 15-18	\$10.00	\$10.00	30 min	3	medals	12:30
Juniors 10-14	\$10.00	\$10.00	30 min	3	medals	12:30
Single Speed	\$20.00	\$30.00	30 min	3	medals	12:30
Men Pro/CX1,2	\$25.00	\$35.00	60 min	12	\$550	1:30
Men CX4	\$20.00	\$30.00	30 min	3	medals	2:45

Registration opens at 9:00am – Closes 20-30min before each race

Race categories sharing a staging time will be started in separate waves

- **Online registration discount is \$10.00 (Online registration open until 8:00 pm night before race) (No discount for Jr's)**
- **Race number fee = \$5.00 (one time, race # for NCCX series)**
- **Additional race = \$5.00 (pay the higher entry fee, discount lower entry)**

Rules to Race by:

- All racers must be licensed under either United States Cycling Federation or National Off-Road Bicycle Association; men's and women's CX1, 2 & 3 must hold an annual United States Cycling Federation or National Off-Road Bicycle Association license (available for purchase on-site); **racers in all other categories may purchase a one-day license on-site for \$10.**
- Helmets are required.
- Racers may compete on cyclocross bikes, mountain bikes (no bar ends), or road bikes.
- North Carolina Cyclo-Cross Series points and rules apply.
- Minors must have a parent or guardian with them when registering to sign the release form.
- Course will be closed to pre-riding during races; all pre-riding should be done between races.

For information: Cycling Spoken Here (919-461-0066, info@cyclingspokenhere.com)

- Directions:**
- From East: Take I-40 West to Cary Harrison Ave (exit 287), turn left
 - From West: Take I-40 East to Cary Harrison Ave (exit 287), turn right
 - Follow Harrison Ave for 1 mile, then turn right onto Cary Parkway. Follow Cary Parkway for 4.4 miles, then turn left onto High House Rd. Bond Park entrance is ¼-mile up on the right.
 - Follow signs for **RACE PARKING**.
 - **PLEASE DO NOT PARK ALONG PARK ROADS OR IN THE COMMUNITY CENTER PARKING LOT**